

Helping Hand English Medium School
Half Yearly Syllabus 2025-26
Class-7

Sl.No.	Subject	Chapter No.	Chapter Name
1.	हिन्दी	1.	भावुक कर्मयोद्धा
		2.	माता को पत्र
		3.	कुएं की परियां
2.	हिन्दी व्याकरण	1.	भाषा, व्याकरण और लिपि
		2.	वर्ण-विचार
		3.	संधि
		4.	शब्द-विचार
3.	Communicative English	1.	1. Keeping Fit 2. Monday Morning 3. Excuses, Excuses! 4. Experience in Hospital
		2.	1. The Girl on the Train 2. Working Families 3. Flats and Flats 4. People Upstairs
		3.	1. The Phrase & the Clause 2. Noun Phrase & Noun Clause 3. Adjective Phrase & Adjective Clause 4. Adverb Phrase & Adverb Clause
		4.	1. History: Our Pasts-II 1. Introduction: Tracing Changes Through a Thousand Years 2. Kings and Kingdoms
		5.	2. Geography: Our Environment 1. Environment 2. Inside Our Earth
6.	Social science	3.	3. Civics: Democracy and Equality 1. Equality 2. Role of the Government in Health
		4.	1. Science 1. Food 1. Nutrition in Plants 2. Nutrition in Animals
		5.	2. Mathematics 1. Integers 2. Fractions 3. Decimals 4. Rational numbers
		6.	3. Coding & Computer 1. Computer Hardware Components 1. Hardware 2. New Hardware Trends
7.	Coding & Computer	7.	2. Computer Virus 1. Computer Viruses and Their Types 2. Handling Viruses an Computer 3. Malware 4. Firewall 5. Antivirus
		8.	3. General Knowledge 1. Life Skills 1. Yoga- the Way of Life

			<ol style="list-style-type: none"> 2. Mobile phone Addiction 3. I am special 4. Towards a Better Me 5. Picking up a Hobby 6. Bank Talk 7. Driver's Licence
		2.	<p>Language and Literature</p> <ol style="list-style-type: none"> 8. Borrowed Words and Phrases 9. English Skills 10. Understanding Anagrams 11. One Word Substitution 12. Famous Authors 13. The World of Literature

Helping Hand English Medium School
Periodic Test-2 Syllabus 2025-26
Class-7

Sl.No.	Subject	Chapter No.	Chapter Name
1.	हिन्दी	8.	बनकुसुम
		9.	आत्मिक शिक्षा
		10.	एक कहानी : एक सच
2.	हिन्दी व्याकरण	12.	कारक
		13.	सर्वनाम
		14.	विशेषण
		15.	क्रिया
3.	Communicative English	4.	1. Our Quacking Planet 2. Hiroshima – A Living Lesson 3. The Wolves 4. A kingly Joke
		5.	1. Fashion Victims 2. The Original N. Americans 3. The Yellow Stars 4. To daughter Leaving Home
4.	Grammar	10.	Relative Pronouns & Relative Clauses
		11.	Passive Constructions
		12.	Indirect Constructions
		13.	Seven Basic Patterns
5.	Social science	1.	History Our Pasts-II 5. Tribes, Nomads and Settled 6. Devotional Paths to the Divine
		2.	Geography: Our Environment 5. Water 6. Human Environment Interactions the Tropical and the Subtropical Region
		3.	Civics: Democracy and Equality 4. Growing up as Boys and Girls 5. Women Change the World
6.	Science	4.	Moving Things, People and Ideas 9. Motion and Time
		5.	How things Work 10. Electric Current and its Effect
7.	Mathematics	13.	Lines and Angles
		14.	Properties of Parallel Lines
		15.	Properties of Triangle
		16.	Congruence
8.	Coding & Computer	5.	Cyber Ethics and Safety Measures 1. Overview of Cyber Ethics 2. Cybercrimes and Safety Measures 3. Digital Footprints
		6.	Working with Database

Helping Hand English Medium School
Weekly Test (Final) Syllabus 2025-26
Class-7

Sl.No.	Subject	Chapter No.	Chapter Name
1.	हिन्दी	11.	प्रेस की शक्ति
		12.	जय-जय भारतवर्ष
2.	हिन्दी व्याकरण	16.	अव्यय/अविकारी शब्द (क) क्रियाविशेषण (ख) संबंधबोधक अव्यय (ग) समुच्चयबोधक अव्यय (घ) विस्मयादिबोधक अव्यय (ड) निपात अव्यय
		17.	काल
		18.	वाक्य-विचार
		19.	वाच्य
3.	Communicative English	6.	1. A Secret for Two 2. The Mystery of a Girl 3. Killing Pain The Muddlehead
4.	Grammar	15.	Future Time Reference
		16.	The Sentence and its Structure
		17.	The Complex Sentence
5.	Social Science	1.	History: Our Pasts-II 7. The making of Regional Culture 8. Eighteenth century Political Formation
		2.	Geography: Our Environment 7. Life in Desert
		3.	Civics: Democracy and Equality 6. Understanding Media 7. Markets around Us
6.	Science	6.	Natural Phenomena 11. Light
		7.	Natural Resources 12. Forest – Our Lifeline 13. Wastewater Story
7.	Mathematics	17.	Constructions
		18.	Reflection and Rotational Symmetry
		19.	Three-dimensional Shapes
		20.	Mensuration
8.	Coding & Computer	3.	HTML Advance 1. Working with HTML Lists 2. Working with HTML Tables 3. Linking web Pages 4. Inserting Images
		4.	Python Revision 1. Fundamentals of Python

Helping Hand English Medium School
Weekly Test (HY) Syllabus 2025-26
Class-7

Sl.No.	Subject	Chapter No.	Chapter Name
1.	हिन्दी	4.	आचारण की सभ्यता
		5.	झाँसी की रानी की समाधि पर
2.	हिन्दी व्याकरण	4.	शब्द-विचार
		6.	उपसर्ग
		7.	प्रत्यय
3.	Communicative English	3.	1. God's Greatest Gift 2. Environmental Pollution 3. A Dialogue 4. Hospital in the Forest
4.	Grammer	5.	Much, Many, Fewer and Less
		6.	Use of Distributive and Reciprocal Pronouns
		7.	Subordinating Conjunction
		8.	Use of Some Modal Auxiliaries
5.	Social Science	1.	History: Our Pasts-II 3. Delhi: 12 th to 15 th Century 4. The Mughals (16 th to 17th Century)
		2.	Geography: Our Environment 3. Our Changing Earth 4. Air
		3.	Civics: Democracy and Equality 3. How the State Government Works
		4.	
6.	Science	3.	Materials 3. Heat 4. Acid, Bases and Salt 5. Physical and Chemical Changes
7.	Mathematics	5.	Exponents
		6.	Algebraic Expressions
		7.	Linear Equations in One Variable
		8.	Ratio and Proportion
8.	Coding & Computer	3.	Number Systems 1. Overview of the Number System 2. Binary to Decimal Conversion 3. Decimal to Binary Conversion 4. Binary subtraction and addition
		4.	Working with Spreadsheets 1. Excel Features 2. Basic Excel Tasks 3. Working with workbook 4. Working with Excel Rows and Column 5. Formatting Spreadsheet 6. Working with Formulas
9.	General Knowledge	3.	Science and Technology 14. Gizmo Mania

Helping Hand English Medium School
Periodic Test-2 Syllabus 2025-26
Class-7

Sl.No.	Subject	Chapter No.	Chapter Name
1.	हिन्दी	8.	बनकुसुम
		9.	आत्मिक शिक्षा
		10.	एक कहानी : एक सच
		11.	प्रेस की शक्ति
		12.	जय-जय भारतवर्ष
		13.	सुभागी
		14.	कबीर-वचन
2.	हिन्दी व्याकरण	12.	कारक
		13.	सर्वनाम
		14.	विशेषण
		15.	क्रिया
		16.	अव्यय/अविकारी शब्द (क) क्रिया विशेषण (ख) संबंधबोधक अव्यय (ग) समुच्चयबोधक अव्यय (घ) विस्मयादिबोधक अव्यय (ड) निपात अव्यय
		17.	काल
		18.	वाक्य-विचार
		19.	वाच्य
		20.	वर्तानी की अशुंधियाँ
		21.	विराम-चिन्ह
		22.	मुहावरे और लोकोक्तियाँ
		23.	अपठीत गद्यांश
		24.	अपठीत पद्यांश
		25.	रचनात्मक अभिव्यक्ति (क) अनुच्छेद-लेखन (ख) अवलोकन-लेखन (ग) ई-मेल लेखन (घ) सार-लेखन (ड) संवाद-लेखन (च) पत्र तथा प्रार्थना-पत्र लेखन (छ) निबंध-लेखन (ज) कहानी-लेखन (झ) चित्र पर आधारित रचना (ज) दैनंदिनी-लेखन
3.	Communicative English	4.	1. Our Quacking Planet 2. Hiroshima – A Living Lesson 3. The Wolves

			4. A kingly Joke
		5.	1. Fashion Victims 2. The Original N. Americans 3. The Yellow Stars 4. To daughter Leaving Home
		6.	1. A Secret for Two 2. The Mystery of a Girl 3. Killing Pain 4. The Muddlehead
4.	Grammar	10.	Relative Pronouns & Relative Clauses
		11.	Passive Constructions
		12.	Indirect Constructions
		13.	Seven Basic Patterns
		14.	Sequence of Tenses
		15.	Future Time Reference
		16.	The Sentence and its Structure
		17.	The Complex Sentence
		18.	Vocabulary Enrichment
		19.	Unseen Comprehension
		20.	Short Composition Writing
		21.	Long Composition Writing
5.	Social science	1.	History Our Pasts-II 5. Tribes, Nomads and Settled 6. Devotional Paths to the Divine 7. The Making of Regional Cultures 8. Eighteenth Century Political Formations
		2.	Geography: Our Environment 5. Water 6. Human Environment Interactions the Tropical and the Subtropical Region 7. Life in the Deserts
		3.	Civics: Democracy and Equality 4. Growing up as Boys and Girls 5. Women Change the World 6. Understanding Media 7. Markets around Us
6.	Science	4.	Moving Things, People and Ideas 9. Motion and Time
		5.	How things Work 10. Electric Current and its Effect
		6.	Natural Phenomena 11. Light
		7.	Natural Resources 12. Forest- Our Lifeline 13. Wastewater Story
7.	Mathematics	13.	Lines and Angles
		14.	Properties of Parallel Lines
		15.	Properties of Triangle

		16.	Congruence
		17.	Constructions
		18.	Reflection and Rotational Symmetry
		19.	Three-dimensional Shapes
		20.	Mensuration
		21.	Collection and Organisations of Data (Mean, Median and Mode)
		22.	Bar graphs
		23.	Probability
8.	Coding & Computer	5.	<p>Cyber Ethics and Safety Measures</p> <ol style="list-style-type: none"> 1. Overview of Cyber Ethics 2. Cybercrimes and Safety Measures 3. Digital Footprints
		6.	<p>Working with Database</p> <ol style="list-style-type: none"> 1. What is Database? 2. Types of Database 3. Terms in Database 4. Working with Access 2019 5. Working with Access Objects
		7.	<p>HTML Advance</p> <ol style="list-style-type: none"> 1. Working with HTML Lists 2. Working with HTML Tables 3. Linking web Pages 4. Inserting Images
		8.	<p>Python Revision</p> <ol style="list-style-type: none"> 1. Fundamentals of Python 2. Data Types in Python 3. Data Types: Mutable and Immutable 4. Conversion Functions 5. Project: Basic Calculator 6. Project: Currency Convertor
9.	General Knowledge	6.	<p>I Love My India</p> <ol style="list-style-type: none"> 31. Sobriquets 32. Let's Go to the Northeast 33. Indian Handcrafts 34. Financial Capital of India – Mumbai 35. Silicon valley of India – Bengaluru 36. Happy People, Happy State- Punjab 37. Art and Craft of India 38. Interesting facts
		7.	<p>Sports and Entertainment</p> <ol style="list-style-type: none"> 39. Sports and Movies 40. Sports Colour 41. Different Strokes 42. Musical World 43. Musical Queries 44. Musical Queries The World Of Sci-fiction 45. Folk Theatre
		8.	Around The World

			46. Prestigious Museum 47. World Famous Structures 48. Beyond The Text I 49. Beyond The Text II 50. Select Cuisines 51. The Mystery of Stonehenge
		9.	Mixed Bag 52. Number and Ranking 53. Brain Teasers 54. Numeracy Tricks 55. Guinness Book of World Records 56. Waterfalls 57. Famous Punchlines 58. Volcanoes 59. Study of A's, B's and C's 60. Geo Terms
		5.	Current Affairs 30. Current Affairs

Helping Hand English Medium School
Half Yearly Syllabus 2025-26
Class-7

Sl.No.	Subject	Chapter No.	Chapter Name
1.	हिन्दी	1.	भावुक कर्मयोद्धा
		2.	माता को पत्र
		3.	कुएं की परियां
		4.	आचारण की सभ्यता
		5.	झांसी की रानी की समाधि पर
		6.	बेडी
		7.	लौहपुरश
2.	हिन्दी व्याकरण	1.	भाषा, व्याकरण और लिपि
		2.	वर्ण-विचार
		3.	संधि
		4.	शब्द-विचार
		5.	शब्द-भंडार (क) पर्याची शब्द (ख) विपरीतार्थक शब्द (ग) वाक्यांशों के लिए एक शब्द (घ) अनेकार्थक शब्द (ड) शुतिसम भिन्नार्थक शब्द (च) विविध शब्द (छ) एकार्थक प्रतीत होने वाले शब्द
		6.	उपसर्ग
		7.	प्रत्यय
		8.	समास
		9.	संज्ञा
		10.	लिंग
		11.	वचन
		22.	मुहावरे और लोकोक्तियाँ
		23.	अपठीत गद्यांश
		24.	अपठीत पद्यांश
		25.	रचनात्मक अभिव्यक्ति (क) अनुच्छेद-लेखन (ख) विज्ञापन-लेखन (ग) ई-मेल लेखन (घ) सार-लेखन (ड) संवाद-लेखन (च) पत्र तथा प्रार्थना पत्र लेखन (छ) निबंध-लेखन (ज) कहानी-लेखन (झ) चित्र पर आधारित रचना (ज) दैनंदिनी-लेखन
3.	Communicative English	1.	1. Keeping Fit 2. Monday Morning

			3. Excuses, Excuses! 4. Experience in Hospital
		2.	1. The Girl on the Train 2. Working Families 3. Flats and Flats 4. People Upstairs
		3.	1. God's Greatest Gifts 2. Environmental Pollution 3. A Dialogue 4. Hospital in the Forest
4.	Grammar	1.	The Phrase & the Clause
		2.	Noun Phrase & Noun Clause
		3.	Adjective Phrase & Adjective Clause
		4.	Adverb Phrase & Adverb Clause
		5.	Much, Many, Fewer and Less
		6.	Use of Distributive and Reciprocal Pronouns
		7.	Subordinating Conjunctions
		8.	Use of Some Modal Auxiliaries
		9.	The Gerunds & the Participle
		19.	Unseen Comprehension
		20.	Short Composition Writing
		21.	Long Composition Writing
5.	Social science	1.	History: Our Pasts-II 1. Introduction: Tracing Changes Through a Thousand Years 2. Kings and Kingdoms 3. Delhi: 12 th to 15 th century 4. The Mughals (16 th to 17 th Century)
		2.	Geography: Our Environment 1. Environment 2. Inside Our Earth 3. Our Changing Earth 4. Air
		3.	Civics: Democracy and Equality 1. Equality 2. Role of the Government in Health 3. How the State Government Works
6.	Science	1.	Food 1. Nutrition in Plants 2. Nutrition in Animals
		2.	Materials 3. Heat 4. Acids, Bases and Salts 5. Physical and Chemical Changes
		3.	The World Of the Living 6. Respiration in Organisms 7. Transportation in Animals and Plants 8. Reproduction in Plants
7.	Mathematics	1.	Integers
		2.	Fractions

		3.	Decimals
		4.	Rational Numbers
		5.	Exponents
		6.	Algebraic Expressions
		7.	Linear Equations in One Variable
		8.	Ratio and Proportion
		9.	Unitary Method
		10.	Percentage
		11.	Profit and Loss
		12.	Simple Interest
8.	Coding & Computer	1.	Computer Hardware Components 1. Hardware 2. New Hardware Trends
		2.	Computer Virus 1. Computer Viruses and Their Types 2. Handling Viruses an Computer 3. Malware 4. Firewall 5. Antivirus
		3.	Number Systems 1. Overview of the Number System 2. Binary to Decimal Conversion 3. Decimal to binary conversion 4. Binary subtraction and Addition
		4.	Working with Spreadsheets 1. Excel Features 2. Basic Excel Tasks 3. Working with workbook 4. Working with Excel Rows and Columns 5. Formatting Spreadsheet 6. Working with Formulas
9.	General Knowledge	1.	Life Skills 1. Yoga- the Way of Life 2. Mobile phone Addiction 3. I am special 4. Towards a Better Me 5. Picking up a Hobby 6. Bank Talk 7. Driver's Licence
		2.	Language and Literature 8. Borrowed Words and Phrases 9. English Skills 10. Understanding Anagrams 11. One Word Substitution 12. Famous Authors 13. The World of Literature
		3.	Science and Technology 14. Gizmo Mania 15. It Might Surprise you 16. Great Minds-Great Works

			17. Let's Measure 18. Know Your Body 19. Unveiling Cosmic Space 20. COVID-19 21. Medical Disorders 22. Medical Ailments 23. I am Computer Savvy
		4.	Flora and Fauna 24. Green Wonders 25. Chain of Facts 26. Plants Cryptograms 27. Fishy tales 28. Tooty Frooty 29. Green Friends
		5.	Current Affairs 30. Current Affairs